



The heart of the community is the Centre



**St. Margaret's**  
— C E N T R E —

# ROADMAP FOR REOPENING

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- Reduced hours: 7 days a week from 8am-8pm for first month of opening (deep cleaning every night)
- Slow and controlled approach to opening
- Staff trained for strict cleaning protocols
- Extra handwashing /sanitizing stations
- Dividers throughout building to limit face to face encounters
- Social Distancing strictly enforced throughout the building

# ROAD MAP FOR REOPENING



- FORMULATE the plan
- DEVELOP safety protocols using provincial /federal guidelines /OHS
- PREPARE the building
- TRAIN the staff
- WELCOME and EDUCATE the customers to the new and safety minded St.Margaret's Centre

# OVERVIEW



- The plan will follow the advice and direction of public health experts and all social distancing requirements.
- This plan will be utilized as a guide for the organization through the reopening of the facility during Covid-19
- The plan will focus on the safety of staff and users
- This plan took into consideration best practices from similar facilities and sports organizations across Canada



We will follow the lead of Public Health Experts. Principles that form reopening plans will follow mandated legislation and best practices.

- Physical distancing will be in place (2 metres)
- Gathering restrictions will be in effect and enforced
- Enhanced cleaning and hygiene principles will be in place to support the health and safety of staff and users
- Modifications to schedules and facility hours of operation will be in place
- Staff training prioritized

# BUILDING REOPENING – GUIDING PRINCIPLES



- Staff Safety – Per Public Health recommendations, OHS & PPE, employee screening, policy updates as required
- User Safety - Per Public Health guidelines for facilities
- Align with Phased approach as provided by Public Health
- Sustainable Slow and steady approach – less risk, greater reward, build trust & confidence, less is more approach
- Controlled registration for easier contact tracing
- Empathetic approach with users

# BUILDING REOPENING – PARAMETERS



- Public Health, OHS, etc
- Users must maintain proper social distancing and configurations as designated
- Touch Free initiatives building wide (room doors pinned open, shut down water fountains push buttons, vending machines, etc)
- No cash transactions at front desk
- Reserve a time to come to Centre (controls numbers, equipment, etc)
- Ongoing cleaning & sanitation protocols increased, implemented and communicated
- Small numbers & registration times to control access

# STRATEGIES – ENHANCED STAFF SAFETY



Staff safety will be at the forefront of all details laid out in this plan

- PPE - all Staff will have appropriate PPE where required (gloves/masks)
- Specialized equipment will be in place, such as plexiglass shields at all service desks
- Reconfigured workspaces and modification of duties to ensure physical distancing
- Modified behaviour guidelines- physical distancing, no shaking hands, no touching clients
- Dividers throughout the building to have clear pathway and limit and face to face direct encounter
- All workspaces will have a deep cleaning at end of shift and all safety cleaning protocols will be strictly adhered to

**THESE ITEMS ARE IN PLACE NOW AND READY FOR OPENING**



# STRATEGY – ENHANCED SAFETY & HYGIENE



Modifications will be made throughout the facility to ensure safety and increase hygiene

- Locker room access will be restricted.
- Increase touch-free initiatives will be in place
- Payment processing will be modified
- Gaps in scheduling of programs which allow additional cleaning will take place
- Nightly deep cleans

# STRATEGY – ENHANCED SAFETY & HYGIENE



Modifications will be made throughout the facility to increase safety and hygiene

- Health questions will be asked before participation in any activity.
- Water refill stations will be available while water fountains will not be usable
- No sharing, rental or borrowing of equipment- everyone will be required to bring their own equipment

# STRATEGY – ACCESS CONTROL & PEOPLE FLOW



Managing the movement of people throughout the facility to maintain physical distancing from entry to exit.

- Wayfinding signage, controlled pathways and floor markings to enhance physical distancing
- Floor/program monitors to control movement of staff and users
- Program area entry/exit modifications and floor configuration
- Phone signup for all programs to reserve a space and manage capacity and traffic
- Management of an overall facility capacity coordinated by programing capacity and offset scheduling
- Handwashing/sanitizing stations located throughout pathways of Centre

# STRATEGY – POPULATION DENSITY



- Configuration of individual areas to ensure physical distancing
- Sign-up/reservation systems in place
- Programming schedule that aligns with overall facility capacity under current social distancing rules
- Signage throughout Centre with clear message
- Only participants in programming will be permitted in the Centre. This controls contact tracing, limits population in Centre and less staff security issues.

# PROGRAM MODIFICATIONS



Programming will be based on the direction of public health experts, including how those programs align with the current physical distancing and participant density

- Delay of programming- i.e. contact sports, group rentals, etc
- Modification of programming- All activities based on individual activities, not group or games
- Physical configuration of space - reconfiguration of spaces to create physical distancing
- Program limitations – numbers, control, space available
- Program structure- organized versus free play/movement

# EQUIPMENT USAGE



Decisions made on the usage of equipment will modify programming

- No sharing of equipment
- Equipment and surfaces will be cleaned after every use
- Certain equipment will not be loaned or rented out

# INFRASTRUCTURE IN PLACE



- Social distancing patrols
- Floor decals for spacing where required
- Dividers/stanchions for controlled access
- Sanitizations stations & requirements - equipment
- PPE for staff if required (masks, gloves, etc.)
- Wayfinding signage

# PROPOSED PROGRAMMING-PICKLEBALL-SINGLES



## Gymnasium (similar to tennis )

- Pickleball: Singles Only via Book-a-court, within same household/bubble only, need to bring own equipment
- Use of every second court
- Deep cleaning after each session.
- No shared equipment
- Scheduling gap between each session



# PROPOSED PROGRAMMING-SUMMER CAMP



## Social Distance Summer Camp(s)

- 7 or less children per camp
- All activities designed to be fun yet **individual** to **ensure social distance**, yet the participants feel that they are interactive experience ( from a distance).
- Colourful arrows and stickers to designate each participants space
- Each child will have their **own table/space** as their “home base” for lunch, art projects and activities. Dividers will be used to ensure social distancing.
- **Qualified and trained camp instructors** and staff that are trained in childcare as well as Health and safety protocols.
- Use of **large spaces** ( gym, multipurpose room, rink) to ensure social distance
- Strict timings and protocol for drop off and pick up.
- Every minute scheduled as to keep control and have fun

# PROPOSED PROGRAMMING-RINK

## FIGURE SKATING –SINGLES ONLY



Figure skating is an individual sport that is very low risk and does not require any shared equipment. Very similar to golf or tennis as the sport is easily able to keep a social distance. St. Margaret's Area has one of the largest populations of figure skaters in the province. St. Margaret's Centre is in constant contact with Skate Nova Scotia and are supportive in our efforts to help the skaters get safely back on the ice.

- All touch point surfaces will be disinfected after each hour session
- Online or phone in registration to ensure controlled numbers and contact tracing
- Affordable individual price per skater
- 6 or less on ice (Controlled numbers for social distancing)
- Large Olympic ice surface 200X120
- No access to changing rooms, come to rink in equipment/ skating clothes and leave immediately after.
- Limited washroom space so to have strict cleaning protocol

### ALL SKATERS MUST ABIDE BY THE HEALTH AND SAFETY PROTOCOLS

- Follow guidelines put forth by PSO and NSO
- Instructor will supervise to make sure safety guidelines are followed and social distancing is strictly adhered to
- No nets /no shared equipment
- On each resurfacing the Centre will open the large outside doors to get outside air circulating inside.

# FACILITY FLOW – MAIN ENTRY/EXIT POINTS



Entryway will have:

- Signage for flow of traffic as well as safety protocols
- Plexi Glass at front counter for safety and main communication point
- User will scan card at screening point. This will confirm that user has pre-registered for a class/program etc.
- All users report to front desk
- Doors will be separated into entry and exit doors
- Arrows and dividers to help participants flow through the Centre with the least amount of touchpoints.
- All inside doors to be open to limit touch points
- Extra whiteboards available for quick communication if needed
- Dividers to make a clear entrance and exit path



- Fitness Centre
  - At this point the fitness centre will only be assessable as a **booked time slot only**. The fitness Centre is small, and this will be very limited time slots. To ensure social distancing the Centre will be limiting the fitness Centre to **two people at a time**. Staff will frequently be cleaning as well as deep cleaning every night. The Centre will encourage participants to wipe down /clean as they go as well. Excess equipment has been moved out to give more space between workout stations.
- Pool
  - The outdoor pool will be **CLOSED** as it is a small space (only 4 lanes). Realistically it is not financially feasible to operate the pool **and keep everyone safe**.

# OVERVIEW OF FLOW



- Controlled Entry and Exit
- Bring own equipment (if required)
- Anyone using Centre must come fully dressed for activity. They will each be assigned a spot.
- Limited use of public space
- Timelines strictly adhered to for programming entry and exit times to allow for strict cleaning protocols
- Limited touch points
- Safety is our number one priority
- Staff trained on flow of traffic as well as safety and cleaning protocols.

**Together we can make this a happy and healthy environment.**

**We will take it slow with controlled access, to minimize the risk and help the community enjoy a reimagined recreational experience.**